



Support Groups

ALABAMA	
Birth Parents/Adult Adoptees Group Birmingham, AL Audrey Derevenko, LCSW 205-943-5343 adereven@childrensaid.org	
ARIZONA	
Tucson Adoption Reunion Search & Support Tucson, AZ 1 st Thursday, 600–8:00 p.m. Jude Guilford, 520-400-8304 gogilgoes@yahoo.com	Arizona Adoption Circle Phoenix, AZ 2nd Wednesday 7-9 pm Susan Bennett 480-227-3327
ARKANSAS - No Support Groups	
CALIFORNIA	
Cameron Park Triad 2nd Tuesday, 6:30-8:00 p.m. Rachel, 530/558-5336 Beth, 530/677-5658	Oakland Adoptee 4th Monday 7:45-9:45 p.m. Malcolm, 510/336-9284 Mark, 510/207-0142
Triple Hearts Adoption Triangle Riverside, CA Gwyn Dixon, 951-684-4099 Gwyn_d_2000@yahoo.com	Bay Area Birthmothers Association San Francisco, CA Sheila Ganz, 415-564-3691 Sganz1@hotmail.com
Sacramento Triad Last Tuesday 6:30-8:30 p.m. Linda, 916/359-6777, Edie, 916/653-8347 Diane, 916/442-1812	Marlou Russell, Ph.D. Santa Monica, CA 310-829-1438 marlourussell@hotmail.com
Sebastopol Triad 1st Wednesday 7-9 p.m. Jerilynn, 707/823-7840	East Bay Birthmothers 3rd Tuesday 7:30-9:30 p.m. Kathy, 925/528-9191 Orinda
Ronda Slater Oakland, CA 510-843-3530 slateronda@aol.com	Full Circle Support Group Orange County, CA Delayn Curtis, 714-994-1440 Delayn1@yahoo.com
Open Path: Support Group for Waiting Parents San Francisco, CA 415-788-6772 info@youopenpath.org	Search-Finders of California (search and support) San Jose, CA 2nd Thursday, 7:00 p.m. 408-356-6711 searchfinders@earthlink.net www.searchfindersofcalifornia.com



Support Groups

CALIFORNIA - Continued	
OC Adoptees - C/O Dan Sandifer Orange County, Southern LA County OC Adoptees First Month Each Month Fullerton, CA - 562-646-7779 - www.Ocadoptees.com	Concerned United Birthparents (CUB) 4th Saturday 1:00 pm La Mirada, CA (near Orange County) Contact Mimi Janes for address mimijanes@earthlink.net
COLORADO	
Adoptees in Search Montview Presbyterian Church 1980 Dahlia St Denver, CO 4th Tuesday, 7:30 p.m. 303-232-6302 www.aisctc.org	Emotional Support Group Adoptees in Search Montview Presbyterian Church 1980 Dahlia St Denver, CO 2nd Wednesday 7:00p.m. Kathy Mackechney, 303-960-6964
CUB Support Group Mtgs. 3rd Sunday of month 1:30 – 3:30 PM Lutheran Medical Center 8300 West 38th Ave., 2nd Floor Coffee Shop Conference Rm (CSCR) Wheat Ridge, CO – For directions/info call CUB Info Line 303-263-1860	
CONNECTICUT	
Adoption Healing Milford, CT Jane Servadio, 203-874-2023 janerino@optonline.net	Adoption Healing Support Group 3rd Thursday every month - 7:00pm Brown Program Center 2nd floor Universalist Church, 433 Fern St. West Hartford MJConklin@aol.com or ATPallone@aol.com
DELAWARE – No Support Groups	
DISTRICT OF COLUMBIA	
Concerned United Birthparents (DC Metro CUB) Chevy Chase, MD Linda Clausen, 202-966-1640 dcmetrocub@aol.com	Adoptee-Birthparent Support Network (ABSN) Volunteer Search / Support Group http://adopteebirthparentsupportnetwork.org (Maryland, Virginia & Washington, DC)



Support Groups

FLORIDA	
Circle of Hope, FL TRIAD Post Adoption Support Group (For: Adult Adoptees, Birth Parents & Adoptive Parents) Greenacres, FL (near West Palm Beach) Sondi Hill, 561-967-7079 circle92@juno.com	Concerned United Birthparents (CUB) Adoptee & BP Support Group Lakeland, FL 4 th Saturday, 12:00 Noon Patty Collings, 863-299-0767 museumfan@earthlink.net
GEORGIA	
Hand in Hand 3rd Friday each month Lawrenceville, GA Denise Carroll, 678 371-7247 Mainegirl1998@yahoo.com	Adoption Triad Connection Atlanta, GA 1 st Tuesday, 6:30-8:30 p.m. Leslie Pate Mackinnon, 404-603-5335 lesliepatemackinnon@gmail.com www.adoptiontriadconnection.com
GA Adoption Reunion Registry Atlanta, GA 2 nd Tuesday Peggy Rothschild, 404-657-3560 pegrothschild@yahoo.com	
HAWAII	
Adoption Circle of Hawaii Honolulu, HI Jan, 808-591-3834 adoptioncirclehawaii@hotmail.com	
IDAHO	
Search-Finders of Idaho (search and support) Boise, ID 1 st Thursday, 7:00 p.m. Lois Wight, 208-375-9803 lowight@msn.com	
ILLINOIS	
For Birthmothers By Birthmothers Chicago, IL Jessie Williams, 312-505-0473 birthmomgroup@hotmail.com	Healing Hearts Bloomington, IL Marilyn Strohkirch, 309-820-0230 Digger719@aol.com
Adoptees, BP & AP Together Wheaton/Naperville: 3rd Thursday Jody Moran, 630-778-0636 adoption@wideopenwest.com Truth Seekers in Adoption www.truthseekersinadoption.org	



Support Groups

INDIANA	
Sherrie Eldridge Online support group for adoptees All-adoptee@yahoogroups.com 317-849-5651	Adoption Triangle St. Mark's United Methodist Church, Rm. 12 Bloomington, IN 4 th Thursday, 7:00 p.m. Pam Kroskie, 812-876-9004 Gus4809@yahoo.com
IOWA – No Support Groups	
KANSAS	
Adoption Concerns Triangle Topeka, KS 3 rd Tuesday, 7:00 p.m. Marilyn Waugh, 785-235-6122 Waugh5@cox.net www.adoptionconcernstriangle.webs.com	Catholic Social Services Great Bend, KS 620-792-1393 slytle@cpcis.net
Adoption Triad Support Network KC Overland Park, KS 3 rd Thursday, 7-9:00 p.m. Carolyn Pooler, 816-505-0328 gapmother@aol.com	Stigma, Inc. (Support for those conceived by rape or incest) Bonner Springs, KS 913-441-0372 stigma@kc.rr.com
KENTUCKY	
Southland Christian Church Adoptive Families Support Group Lexington, KY 859-224-1619 tvascassenno@adelphia.net	KY Transracial Adoption Support Group Ktag_leaders@yahoo.com
LOUISIANA	
Independent Searcher/Advisor Kenner, LA Linda Woods, 504-443-1012 linrwoods@aol.com	New Orleans Chapter Metairie, LA 3 rd Tuesday, 7:00 p.m. Christy Little, 504-737-5439 Ckl03@cox.net
Adoptees Birthrights Committee (ABC) www.adopteesbirthrightscommittee.com	Baton Rouge Chapter 3 rd Wednesday, 7:00 p.m. Delia Pressler, 225-752-3162
MAINE	
OBC for ME Triad Support Group Portland, ME Cathy Robishaw, 207-781-6089 cmrcmr@myfairpoint.net www.OBCforME.org	ASCME South Portland, ME Peter Jensen, 207-799-3574 pjen@maine.rr.com www.ascme.net



Support Groups

MARYLAND	
Concerned United Birthparents (DC Metro CUB) Chevy Chase, MD Linda Clausen, 202-966-1640 dcmetrocub@aol.com	Department of Human Resources Social Services Administration Adoption Search, Contact and Reunion Services Baltimore, MD 1-800-39 ADOPT
The Barker Foundation Bethesda, MD 3 rd Thursday, 7-9:00 p.m. Abbe Levine, 301-664-9664 alevine@barkerfoundation.org	Adoptee-Birthparent Support Network (ABSN) Volunteer Search / Support Group http://adopteebirthparentsupportnetwork.org (Maryland, Virginia & Washington, DC)
MASSACHUSETTS	
Adoption Connection Inc. Peabody, MA Susan Darke, 978-532-1261 suedarke@aol.com	Adoption Community of New England Westborough, MA 508-366-6812 http://adoptioncommunityofne.org
Adoptive Families Together/MSPCC Boston, MA 617-587-1563 www.mspcc.org	Acton Group Leaders: Kristy Bouley & Deborah Henderlong Faith Evangelical Free Church 54 Hosmer St. Acton, MA 01720 3rd Wednesday of the Month, 7:30pm-9pm
Braintree Group Leaders: Jeanne Hardy, Sarah Marcella, Linda Perry Thayer Public Library 798 Washington St. Braintree, MA 02184 2nd Wednesday of the month, 7-8:45pm	Brookline Group Leaders: Matt Paluszek & Tracy Grondin Brookline Public Library 361 Washington St, 2nd Fl Brookline, MA 02445 4th Monday of the month, 7-8:30pm
Jamaica Plain Group Leaders: Randi Schalet & Lori Baeumler Jamaica Plain MSPCC office, 157 Green St. Jamaica Plain, MA 02130 Parking & Door in the Rear 1st Friday of the month, 7-9pm Childcare provided	Roslindale Group Leaders: Michelle Novelle & Clare O'Donoghue Roslindale Congregational Church 25 Cummins Highway, Roslindale, MA 02131 3rd Wed. of month, 7-8:30pm Childcare provided
Swampscott Group Leaders: Kimberly Ryan & Sandi Santanello First Church 40 Monument Ave. Swampscott, MA 01907 1st Thursday of the month, 7-8:30pm	Worcester: Group Leaders: Deb Tambeau & Donna Warren Worcester MSPCC Office 335 Chandler St. Worcester, MA 01602 3rd Thursday of the month, 7-9pm



Support Groups

MICHIGAN	
Adoption Identity Movement of MI (AIM) Tina Caudill, caudt@wideopenwest.com www.michigansearching.com	Bonding by Blood Vassar, MI Mary Louise Foess, 989-823-4013 mlfoess@gmail.com
Adoption Identity Movement (AIM) of Grand Rapids 5767 Leisure South Drive Kentwood, MI 1 st & 3 rd Wednesday, 6:30 p.m. Peg Richer Coordinator -616-531-1380	Catholic Social Services Ann Arbor, MI 1 st Wednesday, 6:30 p.m. Elly Falit - Facilitator 734-971-9781
Making Peace with the Past Clinton-Macomb Public Library Clinton Township, MI 2 nd Wednesday, 7:00 p.m.	Truths in the Adoption Triad Meets for Lunch on Sundays Coordinator - Marilyn Phillips Jackson For Info Call - 989 977-0025
MINNESOTA	
CUB 1st Wednesday, 7:00 p.m. 3700 Monterey Dr, St. Louis Park MN 952-924-2540 Sandy Sperazza - sayspazz@aol.com	Montevideo Adult Adoptee Support Group 4 th Thursday, 6:30 p.m. Montevideo Public Library - MN Carleen Helgeson edgarnortici@yahoo.com
First Nations Orphans Association 1st Thursday, 6:00-9:00 p.m. All Nations Indian Church 1515 E. 23rd St - Minneapolis, MN Sandra White Hawk, 651-442-4872 sandywhitehawk@gmail.com	Duluth Adoptee Support Group (18 & over) 1 st Wednesday, 7:00 p.m. Pilgrim Congregation Church 2310 East 4th St - Duluth, MN Michele Benson, 218-525-3678 mbens525@gmail.com
AHA Support Group Foster Care Alumni Last Wednesday of Month 5:00-6:00pm Hennepin Central Library Mark E. Johnson Conf Rm - N-202 300 Nicollet Mall - Minneapolis MN Lola Adebara 612-249-4298	AAABCD(Adult Adoptees Affected by Chemical Dependency) 2nd Monday 7:00-8:00pm The Recovery Church - Dr. Bob Room 253 State St - St Paul MN David 651-295-7820 Dbb0hl@gmail.com
Reuniting Minnesota Interactive e-mail group providing support, advice and in situations where adoptees no longer live in Minnesota assistance to adoptees in searching for birth family (email support group) reunitingminnesota@yahoo.com http://groups.yahoo.com/group/ReunitingMinnesota	Adoptees MN, a support group for adult adoptees (18 & over) 2nd Saturday, 9:30 - 11:00a.m. 1221 Nicollet Mall Minneapolis, MN 55403 Please call or email for walk-in instructions Carrie 651-457-2252 or Penny 612-616-3139 adopteesmn@gmail.com



Support Groups

MINNESOTA (Continued)	
AHA International & Transracial Adoptees Support Group Last Monday of each Month 7:00 - 8:00 pm Roseville Library - 2nd floor Board Room 2180 Hamline Ave - Roseville MN Amy Fjellman - amyfjellman@gmail.com Julie Hart jhart703@yahoo.com	AHA High School Adoptee Peer Support Group (peer group for High School students) Wednesdays, rotating class periods Minnetonka High School Hwy 7, Minnetonka, MN Penelope Needham - penelope.needham@gmail.com
AHA Middle School Adoptee Group Wednesdays - rotating class periods Minnetonka East Middle School 1700 Lake St - Minnetonka MN Penelope Needham - penelope.needham@gmail.com	
MISSISSIPPI – No Support Groups	
MISSOURI	
Adoption Triad Support Network KC Liberty, MO 1 st Thursday, 7-9:00 p.m. Carolyn Pooler, 816-505-0328 gapmother@aol.com www.adoptiontriadsupportnetworkkc.com	Adoption Triad Support Network Columbia, MO Judy Bock atcmidmo@socket.net www.atcofmidmo.com
Independence, MO 2 nd Thursday, 7-9:00 p.m.	Adoption Triad of the Ozarks Springfield, MO Sharon Fieker, 417-840-8492 sfieker@ichoosethisday.org www.ichoosethisday.org/triad.htm
Overland Park, KS 3 rd Thursday, 7-9:00 p.m.	
MONTANA	
Adoption Constellation Support Group Missoula, MT Beth Jaffe 406 880-3052	
NEBRASKA	
Linda Willson, 402-537-4387 La Vista, NE cyrillawillson@aol.com	Sandy Rolles, 402-397-6394 Omaha, NE sandyrolls@cox.net
Adoption Triad Midwest – Omaha, NE Elaine Holdren (402) 334-9159 monecho@aol.com	Adoption Circle – Grand Island, NE Sheri Jelinek (308) 381-0347 sjelinek@kdsi.net
Adoption Circle Nebraska Children’s Home Society in Lincoln, NE Betty Wilson - (402) 483-7879 bwilson@nchs.org	Adoption Circle – Omaha Nebraska CHS Kathy Hoyt or Becky Crofoot (402) 451-0787 Catholic Charities Sue Malloy / Wendy Spetman - (402) 554-0520



NEVADA – No Support Groups	
NEW HAMPSHIRE	
American Adoption Congress Nashua, NH Paul Schibbelhute, 603-880-7790 pschibbe@aol.com	Birthmothers of New Hampshire Mondays 5-7p.m. Wentworth Douglas Hospital Dover, NH Tracy Pond, 603-988-2233 www.birthmothersofnh.com
NEW JERSEY	
Morristown Post-Adoption Support Group 1st Saturday 1-5pm Ginny Bayard, 973-884-0120 Ginny_bay@yahoo.com Judy Foster 973-455-1268 Jfoster7@optonline.net Pat Fox, 973-998-0967 Patfox1@aol.com Jane Nast, 973-267-8698 janenast@aol.com	Birth Parent Support Group Children's Aid and Family Services Ridgewood, NJ Shea Campbell, 201-226-0300, ext. 301 scampbell@cafsnj.org
Adoptee/Birth Parent Support Group Of Central NJ Hillsborough, NJ Randie Zimmerman, 609-510-7504 Randie_zimmerman@hotmail.com	CHATS Triad Support Group North Plainfield, NJ JoAnn Hoppe, 908-561-9654 chatsnj@comcast.net
Concerned Persons for Adoption Whippany, NJ Pat Bennett, 908-273-5694 Paben48@comcast.net	Full Circle Triad Post-Adoption Support Group of No. Jersey Paramus, NJ Cindi Adesso, 973-427-4521 cindilouwho@mindspring.com
NJ Adoption Resource Clearing House (NJARCH) 877-427-2465 warmline@njarch.org Spanish: lalineacalurosa@njarch.org www.njarch.org	Pamela Slaton Lumberton, NJ (one-on-one support; NY expertise) 609-702-7535 pamelaobr@aol.com www.pamelaobr.com
NEW MEXICO	
Operation Identity Albuquerque, NM 4 th Thursday, 7-9:00 p.m. Connie Martin, 505-281-7227 crmarti@swcp.com	Adoption Support Group of Santa Fe Santa Fe, NM 1 st Monday, 6:00 p.m. Randa Phillips, 505-466-3839 www.asgsf.org
NEW YORK	
Adoption Group in the Village NYC New York, NY First Sunday, 2:00-4:00 p.m. Susan McQuirk, 646-303-8343 Carol Schaefer, 917 743-4118	Adoption Crossroads NYC and Congers, NY Joe Soll, 845-268-0283 joesoll@adoptionhealing.com
Manhattan Birth Parents Group New York, NY 3 rd Thursday, 7:00-9:00 p.m. Toy Dupree, 212-544-7487 toyathome@msn.com	



Support Groups

NORTH CAROLINA	
Adoption Triad Dialogue Support Group Greensboro, NC 2 nd Tuesday of month, 7:00-8:30 p.m. Francie Portnoy, fportnoy@bellsouth.net Roberta MacDonald, nccar@mindspring.com	Triangle Adoption Support Group Durham, NC 2 nd Sunday, 2:30-4:30 p.m. Roberta MacDonald, 919 321-8551 ncreform@gmail.com
WNC Adoption Network Asheville, NC & Surrounding Region Mari Cochran, 828-989-4511 info@wncadoptionnetwork.com www.wncadoptionnetwork.com	Carolina's Adoption Support Group Charlotte, NC Melanie Mosberg 704-718-3723 www.meetup.com/Carolinas-Adoption-Support-Group/
NORTH DAKOTA	
Lutheran Social Services of ND Fargo, ND 701-235-7341	
OHIO	
Adoption Network Cleveland Cleveland, OH Linda Bellini, Direct Line - 216 482-2323 Office number - 216 325-1000 www.adoptionnetwork.org	Ohio Birth Parent Discussion Group Columbus, OH 3rd Sunday Kate Livingston 614-668-7390 ohiobirthparents@gmail.com
OKLAHOMA	
OK Post-Adoption Support Tulsa, OK First Saturday (2:00 p.m.) Samantha Franklin, 918-697-2002 Sfranklin568@yahoo.com	
OREGON	
Birthmother/Adoptee Support Groups Portland, OR Delores Teller, 503-494-4161 teller@ohsu.edu	Adoption Mosaic Portland, OR 1 st & 3 rd Tuesday, 6:15-8:00 p.m. Nina Yates, 503-752-9982 nina@portlandadoptioncounseling.com
AAC, CUB Portland, OR Coco Brush, 503-477-9974 cocobrush@yahoo.com	



Support Groups

PENNSYLVANIA	
Adoption Education & Family Counseling Philadelphia, Bucks & Montgomery Counties Doylestown, PA Robert Allen Hafetz, 267-337-4548 roberthafetz@verizon.net	PA Adoption Connection Canonsburg, PA (email support only) Sherel Kissell, 724-743-1992 sherel@verizon.net
PA Adoption Connection (Online Support Only) Fort Hill, PA Glenda Shay, 814-395-3938 gshay@aol.com	
RHODE ISLAND – No Support Groups	
SOUTH CAROLINA	
Adoption Search for Life Anderson, SC Cynthia Walters, 864-287-4328 cpwalters@aol.com	
SOUTH DAKOTA	
Parents of Adopted Children Parkston, SD 605-928-3955	Parents of Adopted Children Twin Brooks, SD 605-432-7887; 605-782-0782
DSS Child Protection Services Family Support Online Sioux Falls, SD 605-335-2776	SD-SEAL (SD Support, Education & Adoption Legislation) Lynne Banks, 605-759-8478 Lbanks8928@sio.midco.net
Lutheran Social Services of South Dakota Diane Pillar, SW 1-888-201-5061 x2413 Dede Mogck, SW 1-888-201-5061 x 2351	
TENNESSEE	
Adoption Support and Preservation (support for adoptive families) 1-888-848-2727 www.tnasap.org	Birthparent Support Group c/o Miriam's Promise Nashville, TN 2 nd Tuesday, 6:00-8:00 p.m. 615-292-3500 annebyrnf@miriamspromise.org



Support Groups

TEXAS	
DFW Triad Support Group Dallas, TX 2 nd Saturday, 1:00 p.m. Carol DeMuth. 972-414-3639 dfwtriad@yahoo.com	Tapestry Birthmother Support Group Irving Bible Church 2435 Kinwest Parkway - Irving, TX 1st Tuesday, 7:00 PM Carol DeMuth and Carolyn Halliburton, 972-315-9628 tapestry@irvingbible.org
Associated Catholic Charities Houston, TX Lillian Salinas, 713-526-4611	Roots and Missing Links Coppell, TX Glenda Allen, 972-471-0744 Or 214-282-3809 glendalpi@aol.com
Adoption Knowledge Affiliates Westover Hills Church 8332 Mesa, Austin, TX 3rd Monday, 7:00 p.m. aka@adoptionknowledge.org	
UTAH	
Birthmother/Adoptee Support Group Salt Lake City, UT Donnie Davis, 801-583-6664 Pdj27@aol.com	
VERMONT – No Support Groups	
VIRGINIA	
Metro Reunion Registry (an international registry) Alexandria, VA Metro.reunionregistry@verizon.net http://metroreunionregistry.org	Adoptee-Birth Parent Support Network Alexandria, VA 301-442-9106 ABSNmail@verizon.net http://adopteebirthparentsupportnetwork.org (For Maryland, Virginia & Washington, DC)
Coordinators ² inc Richmond, VA 3 rd Tuesday, 6:30 p.m. Rebecca Ricardo, 804-354-1881 rricardo@c2adopt.org	
WASHINGTON	
WA Adoption Reunion Movement (WARM) Seattle, WA 1 st Wednesday, 7:00 p.m. 206-767-9510 warm@warmsearch.org	WA Adoption Reunion Movement (WARM) Puyallup, WA 3 rd Tuesday, 7:00 p.m. warm@warmsearch.org



Support Groups

WASHINGTON (Continued)	
A Loving Journey Federal Way, WA Treina Stauffer, 253-874-1546 alovingjourney@aol.com	Scattered Roots Olympia, WA Jodi McBride, 360-357-6681 www.scatteredroots.org
SW Washington Adoption Support Vancouver, WA 1 st Wednesday Darlene Wilson, 360-256-8795 wasearcher@msn.com	Three Roots Triad Group Seattle, WA 2 nd Wednesday, 7:00 p.m. Rachel Stumme, 206-371-7573 www.three-roots.com/groups
SW Washington Adoption Support Vancouver, WA 1st Wednesday Darlene Wilson, 360-256-8795 wasearcher@msn.com	Three Roots Triad Group Seattle, WA 2nd Wednesday, 7:00 p.m. Rachel Stumme, 206-371-7573 www.three-roots.com/groups
WEST VIRGINIA – No Support Groups	

CANADA – National Groups	
Canadian Council of Natural Mothers www.ccnm-mothers.ca	LINKS Post-Legal Adoption Support www.members.shaw.ca/linksadoptionssupport/
Origins BC www.originscanada.org	Parent Finders of Canada www.parentfinders.org
BRITISH COLUMBIA	
Adoptive Families Association of BC www.bcadoption.com	Forget Me Not Family Society www.adoptioncircles.net
ONTARIO	
Adoption Support Kinship (ASK) www.askaboutreunion.org	Parent Finders of Canada www.parentfindersottawa.ca
Birthmothers of Canada www.birthmothersofcanada.org	

QUEBEC	
Association de parents pour l'adoption quebecoise www.quebecadoption.net	Mouvement Retrouvailles www.mouvement-retrouvailles.qc.ca